

Holliston Youth Advisory Council

Present: Bob Naughton (Chair), Margaret Fitzpatrick, Karl Cousseillant, Frankie Servidio, Ellen Gallivan, Darlene Vittori-Marsell, Gretchen Hazen-Powers, Peggy Payne, Lynne Rahim.

Absent: Holly Fischer-Engel

Opening Remarks:

Lynne made a motion to open which was seconded by Gretchen. Having a motion and a second, Council members unanimously agreed to open this meeting.

Darlene made a motion to accept the November minutes which was seconded by Ellen.

Director's Report:

1. Margaret attended the Superintendent's second Stress Task Force meeting. The purpose of the group is to develop a survey to assess the level of and reasons for student stress in the district. Mr. Jackson shared some of the data from the most recent Adolescent Health Survey (2014) with the group and will share more of the findings after he presents to the School Committee. Margaret commented on the fact that there was a very big difference in stress levels between boys and girls which is unusual. Historically, reported stress levels are generally close. Girls report increase levels of stress beginning in Middle School and that continues to increase throughout High School.

2. HDAAC (Holliston Drug and Alcohol Coalition) and YFS received a grant to develop the coalition and to assess community needs. Margaret is in a supervisory role. Gina Stucchi (HDAAC), now has office space at the YFS building.

Both groups met with Holliston Police Department to discuss PAARI (Police Assisted Addiction and Recovery Initiative). PAARI is the system that assists opioid addicts get treatment as opposed to adjudicating them. Holliston Police are interested in becoming a PAARI committed Police Department.

3. Chrissy and Margaret continue to run their respective groups which will go until Christmas break, at which time they will either ask students if they want to continue, or start new groups. Attendance is down in Chrissy's group and Margaret has seen some fluctuation in hers.

New Business:

1. Darlene stated that Town Hall will contact new members Peggy Payne and Holly Fischer-Engel for swearing in.

2. Lynne announced two upcoming PTSA Parent/Community Ed events: 1. Chris Herren, Monday, February 1st, 2016, 6:45pm, HHS with an opening by Mr. Jackson who will comment briefly on the most recent Adolescent survey (2014) results re: reported alcohol and drug use among Holliston teens. 2. Kicking off Prom and Graduation seasons, a speaker from Metrowest Partnerships for Youth will speak about Social Host Liability on Thursday, April 7th, 7pm, Adams Middle School.

Closing Remarks: Ellen motioned to adjourn the meeting and Lynne seconded.

Next Meeting: The next YFS board meeting will be held on Monday, January 11, 2016 at the YFS office, 1750 Washington Street.

Respectfully Submitted By: Lynne Rahim