



What to do if you test positive for COVID-19

- Isolate individually, if possible
- Stay at home and notify manager and/or HR of absence
- Review return-to-work guidelines (below)

ISOLATION GUIDELINES

Timeline starts at Day 0
(Day Zero is first day of symptoms or date of positive test)

Isolate through Day 5

Can return to work on Day 6 as long as:

Symptoms have improved

Individual is fever-free for 24 hours without medicine

Should wear a high-quality mask through Day 10

NOTE: IF POSITIVE INDIVIDUAL TESTS NEGATIVE ON DAY 5
OR LATER, THEY DO NOT NEED TO WEAR A MASK.