

ATTENTION:

FALLON DIRECT CARE, FALLON SELECT CARE, FALLON EPO RATE SAVER SUBSCRIBERS

The West Suburban Health Group is pleased to provide you access to an exclusive web site for both you and your family members.



The **myMedicationAdvisor**® web site is an informational resource with interactive tools to help both you and your family members take medications more safely and effectively, offers tips on how to save money on your medications, and guidance on how to talk to your doctors and pharmacists. Some of the features offered through the **myMedicationAdvisor**® web site include:

MEDICATION RECORD

Keep track of all the medicines you and your family members are taking, both prescription and non-prescription. *Having a medication record and sharing it with all your health care providers helps to prevent medication errors.*

CHOOSE THE BEST MEDICATION

Get information to help you discuss with your doctor the best choice of medication for your needs at the lowest cost.

DRUG LOOK-UP

Find out more about the medications you are taking like precautions and possible side effects.

TLC PROGRAMS

Therapeutic Lifestyle Change Programs help you get the most from your medications or even reduce your need for medications. This section includes access to the **My Health Maximizer** web site for help with nutrition, weight management, exercise, and quitting smoking.

ASK-A-PHARMACIST

A licensed pharmacist is available to answer your personal questions by telephone or through the secure web site.

IN THE NEWS

Keep up-to-date on current medication and industry issues.

YOU WILL NEED TO REGISTER TO ACCESS THIS WEB SITE.

Go to www.myMedicationAdvisor.com and use the following information to register:

Employer/Plan Administrator: [West Suburban HG Fallon](#) Key Code: [WS456FC](#)

Need Help? Call the HelpLine Toll Free (877) 467-3113

www.myMedicationAdvisor.com