

HY&FS NEWS AND HIGHLIGHTS

A MONTHLY NEWSLETTER FROM HOLLISTON YOUTH AND FAMILY SERVICES

Current Happenings at HYFS

TAKE ADVANTAGE OF OUR **FREE** SUMMER TIME GROUPS.

To learn more: call the program at (508-429-0620) or email Jackie at winerj@holliston.k12.ma.us

“Surviving the summer” Parent Drop-In Group

What: Support group for parents of children and adolescence (Preschool through High School)

When: Every Monday, Starting June 25th from 6pm to 7pm

Where: Holliston Youth and Family Services

More Info: Visit townofholliston.us/youth-and-family-services to learn more.

Open Studios

What: Expressive Arts Group for Middle Schoolers

When: Every Thursday starting July 12th and running the course of summer break from 3pm-4:30pm

Where: Holliston Youth and Family Services

More Info: Visit townofholliston.us/youth-and-family-services to learn more.



SPOTLIGHT ON... **SKILL BUILDING WORKSHOP FOR TEENS AND YOUNG ADULTS. COMING THIS FALL.**

A trainer from the Metrowest Regional Transit Authority will be on site to train Youth and Community Members interested in how the MWRTA bus system works.

The Metro West Transit Bus is accessible at many locations in town, and will drop kids off at many job sites along the bus route.

The goals of the program are to: Help young adult’s safely and successfully navigate the bus system, increase independent living skills, help them find their confidence in the freedom that riding the MWRTA can bring, open up greater opportunities for employment in Holliston and in other areas, and increase access to community services.

Continue to check our Facebook Page, and website as more details become available.

In the meantime, please visit HY&FS located at 1750 Washington Street if you have any questions about the transit bus system in Holliston. I have flyers, and handouts available for those seeking help in navigating the MWRTA

Local July 4th Fireworks Display



**Boston 7/4 10:30pm at
Hatch Shell on
Esplanade**

**Bellingham 7/4 9PM at
Bellingham High**

**Milford 7/3 10PM
Plains Park**

**Lexington 7/5 After
Dusk Hastings Park**

**Needham 7/3 9:30PM
at Needham HS
Parking Lot**

**Newton 7/4 9PM at
Albermarle Field/
Halloran Sports
Complex**

**Sharon 7/3 9:30PM at
Lake Massapoag (Rain
date: 7/8)**

Recurring events:

Holliston Drug and Alcohol Awareness Coalition (HDAAC)

What: Join this group from HDAAC for anyone interested in substance prevention strategies in Holliston.

When: July meeting cancelled, August is to be determined.

More Info: Visit [HDAAC](#) for more information.

S.A.F.E Coalition MA; Healing Hearts Support Group

What: S.A.F.E. is a coalition of community partners who have come together to provide support, education, treatment options, and coping mechanisms for those affected by substance abuse disorder.

When: Every Thursday 7:00 – 8:00pm

2nd floor of the Franklin YMCA

T: (508) 570-6996

E: Healingheartscircle@gmail.com

Spring/Summer Programming Parks and Rec

More Info:

Visit http://www.townofholliston.us/sites/hollistonma/files/file/file/spring_summer_2018_v6_final.pdf

LGBTQI+ Coalition

What: For non-profit partners, schools, and community supports to come together and be a part of our work with Metrowest LGBTQI+ Youth and Young Adults

When: The LGBTQI+ Coalition will meet every other month. Next meeting is August 8th 12:30pm-2pm

Where: 1 Frederick Abbot Way Framingham MA

More Info: Questions? 508.808.3910

Monthly Highlights:

Summer Concert Series- Josh & The Jamones

What: Summer concerts organized by Holliston Parks and Rec. Dept. & sponsored in part by The Newcomers & The Lions Clubs

When: July 10th 6:30PM-8:00PM

Where: Goodwill Park

Grand Opening: Celebration of the Rail Trail

What: Come celebrate with a laser show on the 8 arch bridge. Food and refreshments provided by Casey's Crossing at 5pm, complete with live band and ribbon cutting.

When: July 4th at 5pm-9:30pm

Where: 8 Arch Bridge

FREE FUN FRIDAY'S

JULY 6, 2018

Boston Children's Museum
Peabody Essex Museum
Cape Cod Maritime Museum,
Battleship Cove
Amelia Park Children's Museum,
Gore Place
Falmouth Museums on the Green

July 13, 2018

Edward M. Kennedy Institute
Charles River Watershed
Association.
Larz Anderson Auto Museum
The Telephone Museum
The Sports Museum

July 20, 2018

Museum of Fine Arts, Boston
The Hall at Patriots Place
The Discovery Museum
New Bedford Whaling Museum

July 27, 2018

Isabella Stewart Gardner Museum
Boston Athenaeum
Arnold Arboretum

**FOR A COMPLETE LIST VISIT:
HIGHLANDSTREET.ORG**

**NOTE* Museum's run on
specific time schedules so be
sure to check where you are
going before heading out the
door!**

Donations Needed Holliston Pantry Shelf

What: Support the pantry shelf this summer with any unopened food or canned items.

When: All summer long!

Where: Holliston Pantry Shelf

More Info: Visit Hollistonpantrysshelf.org

Diverse Holliston Community Play Date

What: Join this group from Holliston as they get to know one another, share stories, and celebrate our diverse, inclusive, and wonderful community.

When: Saturday, July 14th at 10am

Where: Good Will Park

More Info: Visit Diverse Holliston on Facebook!

Community Events:

Medway Summer Movie Series at Choate Park

What: Wednesday evenings at Choate Park. Movies Begin at Dusk. Next showing, Trolls.

When: July 11th (at 8:25ish)

Where: Choate Park on the grass behind the Thayer Homestead. In case of rain movie will be shown inside the Thayer House. Free admission.

\$1 Movie: Sing or The Peanuts Movie

What: Each Tuesday or Wednesday, choose one of two movies for just a \$1. Both movies play on both days. Space is limited; plan to arrive early for popular titles.

When: July 10-11th

Where: Regal Theatre Bellingham

Toddler Time

What: Stories, songs, rhymes, and movement activities designed especially for toddlers and their caregivers. Ages 18 - 36 months. No sign up required. Please choose one Storytime session per week. **No Storytime's June 27 & 28, July 4 & 5 and Aug. 22 & 23, 29 & 30"*

When: July 12th starting at 10:45am

Where: Medfield Public Library

More Info: FREE event

Food Truck Friday Carousal

What: End your week at FOOD TRUCK FRIDAY at Roger Williams Park Zoo & Carousel Village with some of the best food trucks in Rhode Island brought to you PVD Food Truck Events. **ADMISSION IS FREE!**

When: Friday July 13th from 5pm to 8pm

Where: Roger Williams Park Zoo & Carousel Village - Providence at 1000 Elmwood Avenue, Providence, Rhode Island, 02907, United States

LOCAL RESOURCES

United Way summer food program <https://www.uwotc.org/>

Community Action Fund
<http://hollistonbusinessassociation.com/hba/node/268>

Holliston Pantry Shelf
<http://www.hollistonpantrysshelf.org/>

Learn to Cope
<https://www.learn2cope.org/join-us.php>

Massachusetts Youth and Young Adult Addiction Treatment

<https://www.samhsa.gov/find-help/national-helpline>

Massachusetts Opioid Addiction Resources

<https://www.mass.gov/protect-your-kids-from-prescription-drug-misuse>

Federation for Children with Special Needs <https://fcsn.org/>

OUT Metro West for LGBTQ youth outmetrowest.org/

Holliston Special Education Parent Advisory Council (SEPAC)

<https://www.facebook.com/HOLLISTONSEPAC/>

Holliston Senior Center

www.townofholliston.us/senior-center

Multi-Service Eating Disorder Association of Massachusetts,
Medainc.org

Meetings, Trainings, and Conferences:

Reading, Writing, and Critical Thinking for College and Beyond

What: 2-week workshop for rising 11th and 12th graders and college Freshman to boost skills over the summer.

When: July 9th-July 19th 10am-12pm

Where: Common Wealth Learning Center, Needham, MA

More info: Contact Stacy Scofield at sscofield@commlearn.com

Mindful Summer Online Series

What: Mindful Schools is sponsoring a FREE online community practice series that shows how mindfulness can be applied to daily life. Good for all, but especially for educators who are curious about mindfulness and want to explore how to integrate it into their personal lives and teaching.

When: July 2nd- August 12th

More info: To sign-up go to community.mindfulschools.org

Free Financial Confidence & Coaching Program

What: If you're a Massachusetts resident interested in better managing your debt, dealing with creditors, realizing savings, creating a workable budget, understanding and improving your credit score or accessing vetted resources, then this will help you. The program will match you with an on-staff professional Financial Coach who will work with you "one-on-one" by phone or Skype for up to three one-hour sessions. Sessions are designed to help you on a wide range of issues. Coaching services are fully confidential and currently offered in English, Spanish, Somali and Armenian.

When/Where: On your own time, at your convenience.

More Info: Call at 1-855-721-7575 or sign up online at www.MassSaves.org

SSAT Workshop for Grades 8-11

What: For students looking to change to an independent or private school

When: August 6-9th, Mon-Thurs. 6-8pm

Where: Commonwealth Learning Center, 130 Sylvan Street, Danvers, MA, 01923

More Info: \$50/single session, \$180/4 sessions. *Scholarships/Financial Aid available

HOW'D WE DO?

PLEASE TAKE A FEW MINUTES TO FILL OUT OUR SURVEY TO HELP US IMPROVE OUR SERVICES.

For caregivers and clients receiving services at HY&FS: https://docs.google.com/forms/d/e/1FAIpQLSeRddIozqMlqhn3MKWERkrJuZuz7daEXCO6Nd0IWRycPCys_Q/viewform?usp=sf_link

For our referral sources and collaborators: https://docs.google.com/forms/d/e/1FAIpQLSeOTgC5w82fkdLAvv0Z4q1NqB-BuqgfrgzJyscEy5dmi0HaWQ/viewform?usp=sf_link



To learn more or to make a referral to one of our programs contact Program Director Jaclyn Winer at Telephone number, 508-429-0620

Counseling Program

Did you know we provide **FREE** confidential services, individual, group and family counseling, parent consultation, crisis intervention and support, information and referral, advocacy, Court Diversion, community education programs, activities and more!

Court Diversion

The Court Diversion Program offers an alternative path to prosecution for first time youth offenders. To learn more visit: [Court Diversion Program](#)

Located at 1750 Washington Street, the office is handicap accessible, and accessible by rail trail.

Hours: We are open Monday to Friday, and offer flexible Scheduling which includes evening appointments and Saturdays per staff availability.

Find us on Facebook!

 [Facebook.com/HYFSholliston/](https://www.facebook.com/HYFSholliston/)

