

## Who Are We?

Holliston Youth & Family Services is a municipal department of the Town of Holliston. Our mission is to consistently assess community and mental health needs in Holliston and to provide services to meet those needs.

Our services are free to Holliston residents.

**Confidentiality assured.**

**We offer many prevention services.**

**Come see us  
before  
the problems begin.**



## Not Sure Where to Turn?

Try Youth & Family Services.



## We provide...

- Individual & Family Counseling
- Court Diversion Services
- Parent Groups / Workshops
- Children & Teen Groups
- Consultation
- Referrals
- Prevention Programs
- Community Outreach
- Drop-In Programs

## Questions Commonly Asked

**How old are the people who use HY&FS?**

**A.** We see youth and family of all ages.

**What are Court Diversion Services?**

**A.** Court Diversion Services are an alternative for a youth who might otherwise have to go to court on delinquency charges. Non-violent crimes such as vandalism, possession of alcohol and/or drugs, truancy and other similar offenses, may be referred to the Diversion Program by a police officer or the court. Services may include counseling, community service, restitution and/or substance abuse prevention or evaluations.

**What kinds of counseling groups do you offer?**

**A.** We have short term (6-8 weeks) counseling groups that provide support and education for members. Some groups focus on specific topics such as divorce, anger management, parenting and/or substance abuse. Call to find out which groups are currently available or check our Web site.

**[www.townofholliston.us](http://www.townofholliston.us)  
select Town Offices to find  
Youth & Family Services**