

# HOLLISTON PARKS & RECREATION DEPARTMENT

## LATE FALL 2016 PROGRAMS

1750 Washington Street, Holliston, MA 01746

Phone-508-429-2149 Fax 508-429-0696

Register on-line, in person or mail

[www.townofholliston.us/parks-recreation](http://www.townofholliston.us/parks-recreation)

### Beginner Mosaics

Try something new! Your child will learn to safely cut glass and smash plates to form original artwork. They will make a heart or a coaster and a smashed plate picture frame. *Instructor: Cheryl Cohen*



**Who:** Grade 3-6

**Session 1:** Tues Oct 18 - Nov 15 **Time:** 3:30-4:45pm

**Session 2:** Tues Nov 22-Dec 20 **Time:** 3:30-4:45pm

**Where:** Cheryl Cohen Mosaic Art Center, 360 Woodland St.

**Cost:** \$110.00 (includes \$10 materials fee)

### Mosaics II

Especially for repeat students! Now that your child has learned the basics about how to cut and shape glass, tile and shards they can use what they have learned to make light switch covers and mirrors! Projects from a previous session can also be completed. *Instructor: Cheryl Cohen*

**Who:** Grade 3-6

**Session 1:** Wed Oct 19-Nov 16

**Time:** 3:30-4:45pm

**Session 2:** Wed Nov 23-Dec 21

**Time:** 3:30-4:45pm

**Where:** Cheryl Cohen Mosaic Art Center, 360 Woodland St.

**Cost:** \$110 (includes \$10 materials fee)

### Young Rembrandts-DRAWING

Calling all creative kids! Young Rembrandts drawing classes enhance foundational drawing techniques, train students in color theory and boost self-confidence. Fall is the perfect time to get started and no two sessions are ever the same. We have ALL NEW lessons including a video game favorite Pixel Block Character, a colorful iguana and the Notre Dame Cathedral. In the second session, students will immerse themselves in the seasonal spirit. Our content is based on child-friendly subjects that open the imagination and stretch the mind. Young Rembrandts strives to inspire your child's imaginative spirit and boosts classic learning skills. We provide all materials and a trained and certified instructor.

**Who:** Grades K-5 **Time:** 4:30-5:30 pm

**When:** Wednesdays Nov 9-Dec 21 (no class Nov 23)

**Where:** 1750 Washington St **Cost:** \$90

### Munchkin Multi-Sport

This NEW indoor class is being offered jointly with John Smith Sports program in Milford. Your child will love this introduction to soccer, t-ball, turf hockey, lacrosse, flag football, hoola hoops, parachute, and more!

**Who:** ages 4-6 **When:** Saturdays November 5,12,19 December 3, 10,17

**Session 1:** 11-11:45 AM

**Session 2:** 12-12:45 PM

**Where:** John Smith Sports Center @ 70 Sumner Street Milford, MA

**Cost:** \$99.00



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### Introduction to Wrestling

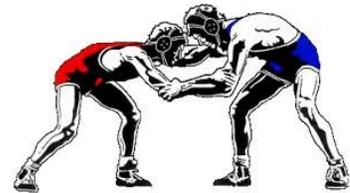
This introductory class emphasizes fundamentals in a safe and organized environment. Learn about stance, basic top position, basic bottom position and working to stand up. Kids will wrestle within their own weight class.

**Who:** Grades 1-5 **Time:** 6-7:30 pm

**When:** Mondays & Wednesdays-November 28 to February 6, (no class 12/26,12/28, 1/2 or 1/16)

**Where:** Holliston High School, 370 Hollis Street (enter wrestling room through the gym)

**Cost:** \$135



### Airbrushing 101

Airbrush is for non artists and artist alike. Airbrush is used by fine artists, makeup artists, cake decorators, and anything in between. You can draw with airbrush, paint with stencils, or you can just paint cool effects like metal or stone. Using freehand and stencil techniques, we'll cover everything you need to paint on: t-shirts, canvas, sneakers, helmets, cars, jackets & just about anything

else. *Instructor: Doug Keough*

**Who:** ages 9-99

**When:** Fridays October 28-December 16 (no class 11/25)

**Time:** 5:00-6:30 pm **Cost:** \$192.50 (includes all materials)

**Where:** Cheryl Cohen's Art Studio-360 Woodland Street

### Socialsklz:-)

In this fun, interactive two hour workshop, tweens learn social and communication skills in-person and on the phone. Tweens will gain valuable life skills such as shaking hands with confidence, making phone calls and engaging others in conversation. The workshop includes a hands-on dining event (please inform us of any food allergies in advance)

*Instructor: Juanita Allen-Kingsley*

**Who:** ages 8-12 **When:** Tuesday, November 1 **Time:** 3-5 pm

**Where:** 1750 Washington Street **Cost:** \$75.00

### Beginner Pastel for Adults

Pastels are the easiest medium in fine art, with the warmest look! We'll jump write in, working on blending, shading, and the techniques needed to complete whatever subjects you want! No experience needed. *Instructor: Doug Keough*

**Who:** adults

**When:** Fridays November 4-December 16

**Time:** 10:00-11:30 am **Cost:** \$166

**Where:** Cheryl Cohen's Art Studio-360 Woodland Street

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### Interviewing Secrets: How to Stand Out From the Competition and Even Enjoy Yourself!

In this workshop, teens will discover interviewing techniques that alleviate anxiety and give them an edge over the competition for school and employment positions. They will explore topics that include how to research at home; prepare for hot-seat questions; dress appropriately; introduce themselves professionally; converse to impress; use body language to their show interest; avoid pitfalls and navigate through dilemmas. The teens will be able focus on the interviewer and showcase the skills, accomplishments and qualities they have to offer, because they arrive prepared and polished.

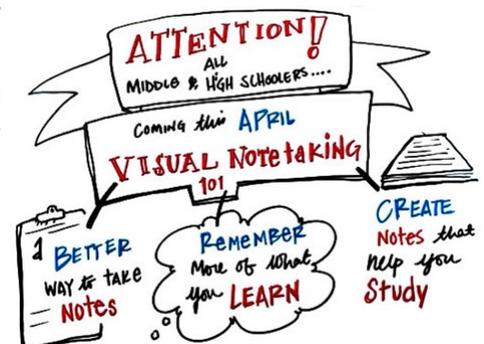
Facilitator: Janet Parnes, founder/proprietor of Janet L. Parnes, Etiquette Consultant. Janet is a graduate of the Protocol School of Washington®

**Who:** Grades 8-12 **When:** Tuesday, November 8 **Time:** 11:00-12:30 pm  
**Where:** 1750 Washington Street **Cost:** \$40.00

### Visual Note Taking Workshop Put your doodles to work!

Offering this fun and engaging 3-hour workshops to middle and high school students who want to improve their study and note taking skills. These workshops will be packed with creative ways to take more concise & effective notes that help your teen focus on and retain information. We have been teen warned that we can't say the workshops will be 'fun' or 'cool' because that's not fun or cool, but here's a secret.....they will be very fun and very cool!!

**Who:** Grades 5-12  
**When:** Tuesday, November 8  
**Session 1:** Grades 5-7 **Time:** 9:00-12:00  
**Session 2:** Grades 8-12 **Time:** 1:00-4:00  
**Where:** 1750 Washington Street **Cost:** \$60



### Men's Over 35 Basketball

Looking for competition, camaraderie & exercise? Pick-up format will be used with games to 15 points. Everyone plays with tow courts going at the same time with rotating teams. Advance registration is required.

**Session 1 (Mondays):** December 5,12,19 Jan 9,23,30 Feb 6,13,27 Mar 6 (10 dates)  
**Cost:** \$60

**Session 2 (Thursdays):** December 8,15,22 Jan 5,12,19,26 Feb 2,9 (8:30 start),16 Mar 2 (11 dates)  
**Time:** 8-10 PM

**Where:** Holliston High School Field House, 370 Hollis Street  
**Cost:** \$66