

**Council on Aging
Programs and Services Advisory Sub-Committee
Meeting Minutes**

Date: May 2, 2023

Time: 10:00AM

Location: 150 Goulding Street, Holliston, MA 01746

In attendance: Janet Alexander, Georgia Papavasiliou, Lisa Borchetta, Yvette Cain

Guest facilitator: Chris Cain

Yvette Cain called the meeting to order at 10:06 AM on May 2, 2023. The group read and approved minutes from its April 25, 2023 meeting.

Yvette reviewed the 6 recommendations resulting from the UMASS Senior Survey, noting that recommendations 1-3 applied specifically to the sub-committee's work. Recommendations 4-6 applied to items that require: concerns presently being addressed, items requiring further information/research, or a need for community awareness.

The group next examined how their program and service suggestions could be divided into 5 categories: Be Creative, Be Curious, Be Prepared, Be Social, and Be Well. Lisa Borchetta requested the additional category of Be Giving.

Facilitator Chris Cain guided the group through an exercise whereby each member used 5 stickers to "vote" for their priority Programs and Services. He then recorded highest scoring items on a poster. These 4 items are:

- Monthly learning sessions: Lectures/How to Presentations
- Game Leagues (Bowling, Golf, Bocce, etc.)
- Bus Trips (Museums, theater, Tower Hill, etc.)
- New Member Buddies

The subcommittee decided these items will be presented to the COA at its May 10, 2023 meeting (instead of June 2023 meeting) and be provided to the incoming Assistant Director as "high priority" programs and services that align with the UMASS Survey recommendations.

The group adjourned at 11:04 AM. No future meeting was planned.

Respectfully submitted,
Yvette Cain