



March 7, 2011

The Department of Veterans Services and the Department of Public Health are pleased to announce that they will team up to provide a free quit smoking promotion for all Massachusetts veterans and their families. Veterans and their families can call a toll-free number or go online to qualify for their FREE two-week supply of nicotine patches. This promotion applies to any individual in Massachusetts who has served in the military or serves now, including the National Guard, and to the families of those veterans.

The free nicotine patch giveaway will run through June 2011, or while supplies last.

Veterans and family members can access this benefit in two ways:

- By calling **1-800-QUIT-NOW** (1-800-784-8669) and telling the operator that they are a veteran or family member.
- Online, by logging on to www.makesmokinghistory.org/veterans where they will be asked to complete a simple, confidential screening process.

Holliston Board of Health

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BOARD of HEALTH
TOWN HALL, 703 WASHINGTON STREET, HOLLISTON, MASSACHUSETTS 01746-2168
TEL: 508-429-0605 FAX: 508-429-0639
Website: www.townofholliston.us